

Sometimes it's hard to ask for help.

It can be hard to talk
about your worries.

You may not know
who to talk to.

You may not know
what to ask.

Other parents can make it easier.

This brochure was
produced through *Opening Doors*,
a collaboration among parents
from communities in
the Greater Boston area
and

The Institute for Community
Inclusion at UMass Boston

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Children's Hospital Boston

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Massachusetts Consortium
for Children with Special Health
Care Needs

Is Your Child Different?



**If you are worried
about your child,
take the first step
to find help:
Pick up this
brochure.**



Maybe you are worried that your child isn't developing right.

Maybe a doctor has said your child has a medical problem.

Maybe a teacher is concerned about how your child behaves.

How can other parents help?

You can talk to parents who have some of the same experiences and concerns.

- They understand what you are going through.
- They can give you lots of ideas about people and places that can help.
- They can help you find information in your own language.
- You can be sure that your conversations will be kept private.



How can you find these parents?

- Parents who can help you are a phone call away! Call **Family TIES of Massachusetts*** at **1-800-905-8437** (it's a free call).
- **You don't have to know what to ask.**
The parent you will talk to has found help for her own child and will know how to help you. She can tell you about programs to help you and your child.
- Just say that you are calling because you want to talk to a parent who **knows how to get help for children.**
- The person you talk to knows that privacy is important and will keep your conversation **confidential.**
- If you need help in **your own language**, she will assist you with that, too!



* Family TIES of Massachusetts, a project of the Federation for Children with Special Needs